In the Thai language Thai Massage is known as "NUAD".

While performing exercises and applying acupressure to energy points in your body, this massage will relieve pain and tension in your muscles, joints, and tendons. It will make your muscles feel relaxed and give you a sense of newly gained vitality and mental balance. That massage represents a traditional massage therapy in its original form, which has been practiced and taught for centuries.

Traditional Thai Massage

The basic attribute of Thai massage is the exertion of pressure on the body energy points. The massage relieves stress from muscles, feet, improves articulation of joints, straightens the spine, and overall brings to your body physical and mental relaxation.

Thai Oil Massage

This is a milder form of Traditional Thai massage. During this massage our masseurs exert gentle pressure on the various energy points on your body. Your body will benefit from the systematic pressure massage.

Ginger Aroma Massage

This whole-body massage utilises traditional natural products from Asia. Ginger oil with lemongrass gives warmth and relaxes tense, overexerted muscles.

Peeling and Aroma Oil Massage

This begins with a natural peeling procedure of the entire body. As your skin takes in the nutritious substances, the procedure continues with an aromatic oil massage of the entire body, hands, and feet. You will feel greatly relaxed. Ultimately, you will be rewarded with soft and beautifully scented skin on your whole body.

② 90 | 120 min

2 400 | 2 900 CZK 96 | 116 €

Pregnancy Aroma Therapy

This relieves head pains and feelings of nausea, improves sleep and the function of the back muscles, which are under heavier pressure during pregnancy. Blood flow is improved therefore facilitating correct function of the joints and the lymphatic system. This leads to the eradication of "heavy feet" and other pregnancy-associated complications.

30 | 60 min.

850 | 1600 CZK 34 | 64 €

Special Back and Head Massage

A special combination of massage techniques using relieving Thai balm made from kaffir leaf and spearmint, concentrating on your back from the coccyx, sacrum and lumbar area through the spine, also focussing on the sciatic nerve and finishing with acupressure on your shoulders, neck and head.

② 30 | 60 min.

Foot Reflexology

The feet are full of reflexive points and their stimulation by pressure releases energy paths (meridians), which are said to connect the feet with specific parts of the body, including internal organs. Reflexive massage of the feet revitalizes and returns energies to the respective part of the body.

② 30 | 60 min.

Hot Aroma Therapy

This is a relaxing form of Thai massage where special aroma oils with beneficial effects are applied to the skin, while at the same time, acupressure points are stimulated more gently.

① 60 | 90 | 120 min

₱ 1700 | 2 100 | 2 600 CZK 68 | 84 | 104 €

Thai facial Massage

A revitalizing massage of the face and the head along with an acupressure method applied to the nape of the neck. This massage leaves you feeling relaxed, relieving you of nervous tension. A collagen mask will cleanse and smoothout small and larger wrinkles, adding that healthy glow (Collagen mask only available with the 60 min massage.)

① 30 | 60 min.

850 | 1600 CZK 34 | 64 €

4 Hands full body Thai Oil Massage

The body is rhythmically treated with a higher amount of warm oil, by two therapists who work in harmony. This treatment helps the body to get rid of toxins and blockages, promoting the activity of muscles and of the nervous system.

① 60 | 90 | 120 min.

Royal Thai Oil Massage

This is a combination of traditional Thai massage and Thai oil massage. After this relaxing massage you will feel very tranquil due to the use of 100 % natural oils. Your skin will be relaxed and softer.

① 60 | 90 | 120 min

Hot Coconut Therapy

Virgin coconut oil leaves the skin silky smooth, flexible, and healthy. After warming up the body, the procedure commences with a classical Thai massage after which you will experience a relaxing oil massage followed by a collagen mask which will further cleanse and smooth-out small and larger wrinkles, adding that healthy glow.

② 60 | 90 | 120 min.

Aroma Hot stone Massage

Enjoy a unique treatment with heated and polished basalt lava stones, in combination with an oil massage for therapeutic relaxation. The smooth, water-heated stones are placed on specific acupressure points on the body and used as a massage tool to melt away knots, tension, and stress.

🕖 60 | 90 | 120 min.

€ 1 900 | 2 300 | 2 800 CZK 76 | 92 | 112 €

Hot Herbal Thai Massage

Herbal massage is a traditional Thai massage using special warmed herbal bags applied on the massaged body where energy flows. These bags are filled with Thai herbs and spices that help to achieve complete relaxation and decrease stress.

① 60 | 90 | 120 min.

GRAND HOTEL

Managed by CZECH INN HOTELS